# Healthcare + The Rule of 72





What To Expect: Last Fall, *The Wall Street Journal* reported health insurance costs are climbing at the **steepest** rate in years.

**How To Get In Front Of It: The Rule of 72** is a straightforward tool to estimate how long it takes for an investment (or a company's **healthcare costs** in your case) to double - based on a fixed annual rate of return or premium increase.



**Use this formula** to kickstart a new discussion around healthcare financing in 2024:

- 1. **Calculate Years to Double:** Divide 72 by the annual rate of return or the average annual premium increase.
- 2. **Example:** If your healthcare costs increase by the industry trend of 12 percent annually, your healthcare would double every six years.

72 / 12 = 6 years

3. Keep going. Lower that annual increase to 8 percent & it will now take 9 years for those costs to double.



# **Curbing the Trend**

WellNet's client base runs at a **4 percent trend** - taking 18 years for their healthcare costs to double.

Think about it. If you managed to lower the trend to 8 percent, your healthcare costs would double twice in the same amount of time.

Bottom Line: To significantly reduce the trendline & efficiently manage healthcare costs, executives partner with WellNet Healthcare for smarter self-funded solutions.





# Managing Your Healthcare Benefits Through The Virginia Consortium





#### **Consortium Advantage**

#### **School System Receives:**

- Lower:
  - Premiums
  - o Claims &
  - Admin Costs
- Ownership of Unused Claim Reserves
- Single Monthly Billing
- Complete Pass-Through of Rx Rebates
- Lower Trend / Shared Risk

### **Employees Receive:**

- Lower Prescription Costs
- 24/7 Access to Cigna Providers
- Incentivized Wellness Program
- Case Management
- Employee Assistance Programs
- High-touch Member Service

#### **WellNet's Administration Value Proposition**

- Elevated Claims Experience
- Dedicated Account Management
- Concierge Advocacy
- Ongoing Plan Management
- Accurate & Timely Reporting
- Celebrating their 30th year

#### **Jefferson Health Plan Value Proposition**

- Underwriting
- Vendor Management
- Health Plan Compliance
- Administration Support
- Approaching \$250m in reserves
- Fiscal Year 2023 Health Plan Trend: 3.36%

#### **Other Features**

- Public employers banding together to mitigate cost/risk
- Competes with Anthem's Local Choice
- Better Benefits/Local Delivery of Service/National network you know and trust
- Security of a fully insured model with the benefits of being self-funded
- Stabilization of premiums/Strong reserves

- Renewals line up with the state budget process.
  Rates locked in by February 15th for July 1 renewals
- No lasers
- If the School is in a deficit at the end of the year, they can borrow the money at zero percent interest for 3 years
- No RFP required
- Government Purchasing Structure/ Non-Profit

## **Experienced Partners**









## For additional information or to receive a quote

Please contact your advisor or WellNet Healthcare:

#### **Dave Earle**

Chief Healthcare Strategist 704-369-6565 mobile dearle@wellnet.com

#### **Dr. Jim Blevins**

Senior Advisor 434-258-7220 mobile jblevins@wellnet.com